



FIND THE TREATMENT AND SUPPORT SERVICES THAT ARE RIGHT FOR YOU.

# Saginaw Chippewa Indian Tribe Behavioral Health



The purpose of the Saginaw Chippewa Indian Tribe Behavioral Health Programs is to provide comprehensive, individualized and holistic outpatient and residential substance abuse treatment and mental health services to Native Americans encompassed in the designated service area. A culturally sensitive approach is taken in the delivery of counseling, outreach, crisis intervention, administrative services, preventative measures, evaluation and planning for appropriate mental health and substance abuse services and referrals to the clients served.

## Services Offered

- ◆ Pre-employment Services/Job Readiness
  - ◆ Employment Coaching
  - ◆ Individual Services Coordination (Case Management)
  - ◆ Recovery Support Plan
  - ◆ HIV/AIDS Services
  - ◆ Other Case Management
  - ◆ Relapse Prevention
  - ◆ Recovery Coaching
  - ◆ Group/Peer Support Services/Self Help
  - ◆ Support Groups
  - ◆ Individual/Peer Support Services
  - ◆ Traditional Healing
  - ◆ Sweat Lodge
  - ◆ Substance Abuse Education
  - ◆ GED Preparation
  - ◆ Educational Tutoring
  - ◆ Peer Coaching/Mentoring
  - ◆ Alcohol- and Drug-Free Social Activities
  - ◆ Stress Management
  - ◆ Information and Referral
  - ◆ Talking circle
  - ◆ Individual and group counseling
  - ◆ Family and marriage counseling
  - ◆ Family therapy with and without the client
  - ◆ Crisis intervention
  - ◆ Discharge plan
- Medical Services**
- ◆ Medical examination
  - ◆ Pharmacological interventions
  - ◆ HIV/AIDS counseling
- Residential Overview**
- ◆ 28 day residential program
  - ◆ Native American specific
  - ◆ Cultural model with 12-step emphasis
  - ◆ Family and community involvement encouraged
  - ◆ Access to cultural services
  - ◆ Close proximity to other Tribal services and programs
  - ◆ Aftercare
  - ◆ On-call services available 24/7
  - ◆ Outpatient substance abuse program
  - ◆ Domestic violence shelter and case management services

2800 South Shepherd Rd  
Mount Pleasant MI

Ph: 989.775.4850  
Fax: 989-775-4851

Website:  
<http://www.sagchip.org/behavioralhealth/index.asp>

## Hours:

### Prevention and Outpatient Services

Monday-Thursday

7:00am-6:00pm

After hours available upon request and review

### Residential Services and Domestic Violence Services

24 hours a day, 7 days a week

It is an Anishinabe belief that we look at the traditional wellness model instead of the symptomatic concept of illness. This way we focus on the individual's strengths, their family, and their community to help guide them on the road to wellness. At Nog-Da-Win-Da-Meg, we aid the client in identifying the tools and resources necessary to achieve a balanced life. The Medicine Wheel concept of integrating the four components of spiritual, emotional, physical and intellectual aspects of a person's life into a holistic model of recovery is our goal.

