## **Anishnaabek Healing Circle (Access to Recovery) Inter-Tribal Council of Michigan**

Supporting Tribal Self-Determination thru Community Healing

Living Life in Balance

TRAUMA & PODICTION

- ) Bay Mills Indian Community
- ) Hannahville Indian Community
- ) Lac Vieux Desert Band of Lake Superior Chippewa Indians
- ) Saginaw Chippewa Indian Tribe
- Grand Traverse Band of Ottawa/ **Chippewa Indians**
- ) Sault Ste. Marie Tribe of Chippewa Indians



- ) Keweenaw Bay Indian Community
- ) Little Traverse Bay Bands of Odawa
- Little River Band of Ottawa Indians
- ) Pokagon Band of Potawatomi
- Nottawaseppi Huron Potawatomi
- ) Match-e-be-nash-she-wish **Band of Potawatomi**
- ) American Indian Health and Family Services (AIHFS)

The spiritual strength of our ancestors will live in the hearts of our people.

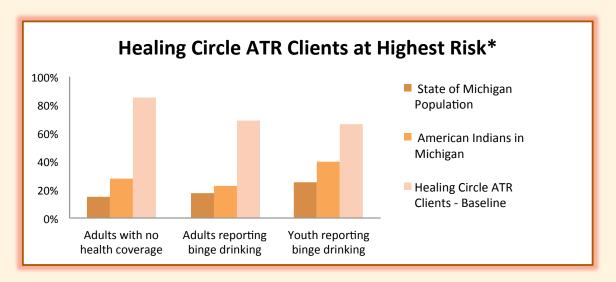
All twelve federally recognized tribes in Michigan and AIHFS of Detroit serve as ATR access centers for individuals seeking healing and recovery services.

7,000 individual tribal citizens and family members have received services to support their healing and recovery since 2007.

## KEY OUTCOMES FOR ALL INDIVIDUALS SERVED BY ANISHNAABEK HEALING CIRCLE ATR SERVICES (comparing intake and six month follow-up survey data)

DECREASED DRUG USE	DECREASED ALCOHOL USE	DECREASED DEPRESSION	DECREASED VIOLENT BEHAVIOR	DECREASED ANXIETY
51%	32%	31%	48%	29%

## HEALING TEAMS WORK TOGETHER: CLINICIANS + TRADITIONAL HEALERS + PEER RECOVERY MENTORS



## KEY SERVICES PROVIDED BY THE ANISHNAABEK HEALING CIRCLE:

- Outreach
- Screening and Assessment
- Care Coordination
- Community and Individual Readiness
- Residential and Outpatient Treatment
- Cultural and Spiritual Healing
- Peer Recovery Mentoring
- Co-Occurring Treatment
- Transitional Housing
- Transportation



**Pauline** is a young mother who worked diligently to be reunified with her children. Due to her substance abuse, her children were removed to foster care. Through ATR she was able to go to residential treatment, participate in Drug Court, and receive outpatient therapy to support her recovery. As a single parent, it has been a long journey for Pauline, but her children are back with her and she is working part-time while taking college courses. She continues to attend AA meetings and counseling. Pauline says, "Thanks to ATR for all the services I received to make this possible."



Jessie entered the ATR program with a serious addiction to alcohol. He received residential treatment and participated in a long term relapse prevention group. He received recovery support services from the Anishnaabek Healing Circle for over a year and has been able to reconnect to his Anishnaabek cultural teachings through talking circles, sweat lodges and ceremonies. He is now working full-time and has rejoined a local drum group as a sober and strong Anishnaabek man.

<sup>\*</sup> Michigan Inter-Tribal Council Behavioral Risk Factor Survey 2006

Michigan Youth Risk Behavior Survey 2007, Michigan Department of Education

Health Care Reform: Tracking Tribal, Federal State Implementation (2011) CMS/Tribal Affairs Group