



FIND THE TREATMENT AND SUPPORT SERVICES THAT ARE RIGHT FOR YOU.

FOUR SEASONS SUPPORT



Susan Yates is a respected member of the community. Susan is a Tier II provider with an array of experience. Susan comes from a strong and varied background and she offers Recovery Support Services to both Adolescents and Adults.

Susan will work closely with Little Traverse Bay Bands. Susan will provide services to ATR clients with basic needs and recovery support services.

Contact Information:

First Point of Contact: ATR

Sasan Yates

Email: milty8@charter.net

231.590.8339

Hours: By Appointment

Service Population:

- ◆ Eligible clients are enrolled members of the collaborating tribes and members of other Federally recognized, State recognized and Canadian tribes residing in the project service area, as well as Non-Native family members and descendants
- ◆ Male & Female
- ◆ Adults
- ◆ Adolescents (12-17)



Care Categories/Services Offered:

◆ **Access Center**

- GPRA
- Substance Abuse Education
- Motivational Development Activities

◆ **Care Coordination**

- Individual Services Coordination
- Report & Record Keeping
- Linkage to local recovery support services
- Such as:

- Daily Living Skills Group
- Peer Coaching or Mentoring
- Other Peer to Peer Recovery Support
- Self Help & Support Groups
- Alcohol & Drug-free Social Activities
- Individual Recovery Coaching
- Individual Relapse Prevention
- Group Relapse Prevention
- Substance Abuse Education

Physical Fitness & Well-Being Activities
Stress Management



Region Where Located:

- ◆ Northern Lower



“Choose Recovery”