



FIND THE TREATMENT AND SUPPORT SERVICES THAT ARE RIGHT FOR YOU.

Access and Care Coordination Center

FOUR DIRECTIONS WELLNESS, LLC



Four Directions Wellness LLC provides mental, spiritual, physical and emotional care; and substance abuse recovery support, recognizing the importance of indigenous cultural integration. I utilize both traditional and clinical approaches towards client care for all of our relations. Lisa is a certified Substance Abuse Counselor who will provide non-clinical access, care coordination and recovery support services to ATR clients.

Region Where Located:

◆ Southwest



Service Population:

- ◆ Eligible clients are enrolled members of the collaborating tribes and members of other Federally recognized, State recognized and Canadian tribes residing in the project service area, as well as Non-Native family members and descendants.
- ◆ Adult & Adolescent (12 and 18 older)
- ◆ Males & Females

◆ Recovery Support Services

- Daily Living Skills group
- Self Help groups
- Other Education and Wellness workshops
- Family and Parenting Support
- Substance Abuse Education
- Health & Global Wellness

Level of Care:

- ◆ ATR Access & Care Coordination
- ◆ Motivational Development & Readiness
- ◆ Care Coordination
- ◆ Recovery Support

Care Categories / Services Offered:

- ◆ **ATR Access & Care Coordination Center**
Screening
GPRA Intake
ATR Intake Interview
Recovery Management Planning
GPRA follow-up/Tracking
- ◆ **Motivational Development & Readiness**
Substance Abuse Education
Motivational Development
- ◆ **Care Coordination**
Crisis Intervention
Information and Referral
- ◆ **Peer Support and Relapse Prevention**
Mentoring
Recovery Support
Self Help & Support Groups
Alcohol & Drug Free Social Activities
Relapse Prevention
Individual Recovery Coaching
- ◆ **Spiritual & Cultural Support**
Traditional Healing
Individual & Group Counseling
Sweat Lodge
Talking Circle
Individual Spiritual Support Spiritual/
Cultural Teachings
Storytelling
Tribal Song & Dance Group Tribal Art
and Crafts

“Choose Recovery”

Hours:

Available Sunday to Saturday
Call for an appointment

Contact Information:

First Point of Contact: ATR
Lisa M. Brunk BS., CADC
P.O.Box 09007
Detroit, MI 48210
1.313.556.6947

