



Anishnaabek Healing Circle

Access to Recovery

Background: The Inter-Tribal Council of Michigan Anishnaabek Healing Circle (ATR) provides vouchers for clients to access substance abuse treatment and recovery support services. Clients can access ATR services through any of the behavioral health departments operated by the twelve federally recognized tribes in Michigan and the American Indian Health and Family Services of Detroit. The project service area encompasses 52 of Michigan's 83 counties. The project serves citizens of the collaborating tribes and citizens of other federally recognized, state recognized, and Canadian tribes residing in the project service area. Non-native family members and descendants are also eligible. The project will serve clients age 12 and older. All clients must have a current or past problem with alcohol or other drug abuse.

The Anishnaabek Healing Circle Values Collaboration

The ATR staff work collaboratively with the Michigan tribal behavioral health departments to support healing and recovery from addictions. The project and coalition members:

- Support tribal self-determination.
- Support culturally based services defined by the local community.
- Believe in the importance of healing and recovery from inter-generational trauma and addictions.

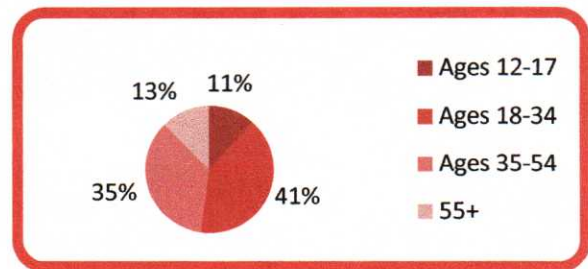


Accomplishments:

- Enrolled 8262 clients since 2007, 5268 from 2007-2010 (ATR II) and 2994 from 2011-2012 (ATR III).
- Increased resources available for treatment and recovery support statewide by \$13,637,375. (2007-present)
- Provided resources for 1088 individuals to receive residential treatment services for substance abuse.

Note: Data as of November 2012

Demographics: ATR III 2994 Clients Enrolled-Male 1,516 (50.6%) Female 1,478 (49.4%)



The Anishnaabek Healing Circle has contributed to Positive Client Outcomes. (Rate of change is based on 2062 interviews comparing intake to 6 month follow-up status. N=2062)

- Decreased number of clients attempting suicide. (66.7% rate of change)
- Decreased number of clients experiencing trouble controlling violent behavior. (47.0% rate of change)
- Decreased number of clients experiencing depression. (30.5 % rate of change)
- Decreased number of clients experiencing anxiety. (26.1% rate of change)
- Decreased negative health/behavior/social consequences of substance abuse. (8.8% rate of change)
- Decreased criminal justice involvement. (4.2% rate of change)
- Increased abstinence from alcohol and other drugs. (26.9% rate of change)
- Increased positive social connectedness. (12% rate of change)
- Increased rates of employment or school attendance. (6.3% rate of change)
- Increased housing stability. (3.6% rate of change)



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"I was very impressed w/the understanding of my cultural needs and beliefs. Thank you."



The Anishnaabek Healing Circle Participant Comments

- **"Thank you this saved my life"**
- "Being part of the program has helped me a great deal. My life has come full circle."
- "I'm grateful to have this program to help and coming back home from treatment is hard so having support has been awesome."
- "I know when I was having a difficult time; I had no place until I got my own place. I'd be sleeping in my car. I'm glad for this program."
- "It really helped me out because I was really stressed out. I don't have many friends to support me, this program did."
- "I just really enjoyed being here in treatment. It was well worth it. It made a big change."
- "I'm deeply grateful for the strength & knowledge from this program."
- "The counseling has helped me adapted back to society after relapse."
- "I really appreciate my counselor, she has been a big help in my recovery."
- "Without your support, I wouldn't have gone to work. "
- "I believe the work that is being done here is very beneficial to the clients."

Access to Recovery Anishnaabek Healing Circle
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Participant Feedback Survey Data Collected at 6 month Post-Intake Follow-up

Participant Feedback (1=No Change 4= Great deal of change for the better)		
Question	N	Mean
How much has your life changed for the better since taking part in the program?	1173	3.27

Participant Feedback (1=Strongly Disagree 6=Strongly Agree)		
Questions	N	Mean
Having a Care Coordinator has helped me access the services I need.	794	5.45
Having a Recovery Coach has helped support my sobriety.	469	5.42
The clinical and recovery support services I received met my cultural needs.	837	5.32
The substance abuse treatment services I received helped me gain and maintain sobriety.	944	5.28

Participant Feedback (1=Not Helpful 4 =Very Helpful)		
Question: How helpful was this service?	N	Mean
Outpatient or Intensive Outpatient Services	590	3.41
Mental Health Support	508	3.41
Residential Treatment	169	3.40
Housing Support	204	3.36
Medical Services	303	3.27
Spiritual & Cultural Support	350	3.23