



FIND THE TREATMENT AND SUPPORT SERVICES THAT ARE RIGHT FOR YOU.

Lac Vieux Desert Band of Lake Superior Chippewa Indians Behavioral Health Department



Dependence on alcohol or other chemicals impacts every aspect of one's life. Spiritual, emotional, social, physical, and intellectual areas are enhanced in outpatient treatment. Following a biopsychosocial assessment, each client develops a treatment plan with their counselor that is tailored to their own unique needs. The entire family suffers from chemical dependence. An integral part of the program is working with family members to teach them to practice "self care" and how to change behavioral patterns that enable the substance abuser to continue using.

PO Box 249
Watersmeet, MI
49969

906-358-0252 (ph)
906-358-0254 (fax)

Email:
lvdbhealth@lvdtribal.com

Outpatient Services Offered

- ◆ Pre-employment Services/Job Readiness
- ◆ Employment Coaching
- ◆ Individual Services Coordination (Case Management)
- ◆ Recovery Support Plan
- ◆ HIV/AIDS Services
- ◆ Other Case Management
- ◆ Relapse Prevention
- ◆ Recovery Coaching
- ◆ Group/Peer Support Services/Self Help
- ◆ Support Groups
- ◆ Individual/Peer Support Services
- ◆ Traditional Healing
- ◆ Sweat Lodge
- ◆ Substance Abuse Education
- ◆ GED Preparation
- ◆ Educational Tutoring
- ◆ Peer Coaching/Mentoring
- ◆ Alcohol- and Drug-Free Social Activities
- ◆ Stress Management
- ◆ Information and Referral
- ◆ Talking circle
- ◆ Individual and group counseling
- ◆ Family and marriage counseling
- ◆ Family therapy with and without the client
- ◆ Crisis intervention
- ◆ Discharge plan
- ◆ Co-occurring treatment/recovery
- ◆ Alternative therapies
- ◆ Auricular Acupuncture
- ◆ Other peer-to-peer recovery support
- ◆ Tribal arts and crafts
- ◆ Physical fitness/well-being activities

Medical Services

- ◆ Medical examination
- ◆ Pharmacological interventions
- ◆ HIV/AIDS counseling
- ◆ Alcohol and drug testing
- ◆ Nutrition counseling

Hours:

Monday through Friday

7am-4:30pm

After hours available
upon request and review

In addition to outpatient treatment and recovery support, prevention services offer educational activities, community-based processes for developing community prevention, information dissemination, and problem identification and referral. Our goal is to educate and make the Watersmeet School and the community aware of wellness and the negative effects of alcohol, tobacco, and other drugs on the individual, and family and our community. Our program collaborates with many other agencies and programs from the County and the Tribe.

