



FIND THE TREATMENT AND SUPPORT SERVICES THAT ARE RIGHT FOR YOU

# Keystone Treatment Center Inpatient Residential Chemical Dependency and Gambling Treatment



Keystone treatment center offers residential and outpatient care for adults, young adults, and teens struggling with alcohol, drug, and gambling addiction as well as providing services for those afflicted with methamphetamine and inhalant abuse, cognitive disorders, and dual diagnosis. The multidisciplinary staff at Keystone Treatment Center includes psychiatrists, medical physicians, a psychologist, certified chemical dependency counselors, full-time certified teachers and native American counselors and cultural advisors. Our treatment programs are based on the 12-step philosophy of Alcoholics Anonymous. Patient care is individualized, length of stay is flexible, and extended treatment can be arranged as needed. Keystone has a Native American Program that addresses the traditional values of the Native American patient. We employ a full-time cultural coordinator that provides guidance for our Native American patients. We also have certified Native American chemical dependency counselors on both the adult and adolescent units.

## Services Offered

### Native Specific Services-Adult unit:

- ◆ Sweat lodge and talking circle offered weekly
- ◆ Red Road videos and discussion
- ◆ Cultural assessment first week of treatment
- ◆ Individual sessions with a cultural advisor for both adults and teens
- ◆ Singing at key chain event to honor completion of treatment
- ◆ Song and prayer when one having hard time

### Native Specific Services-Adolescent unit:

- ◆ Spiritual advising
- ◆ Cultural assessment
- ◆ Sweat lodge offered weekly
- ◆ Twelve step work

### General Services:

- ◆ Intake interview and case management
- ◆ Individual counseling
- ◆ Group counseling
- ◆ Family therapy both with and without the client present
- ◆ Substance abuse education group
- ◆ Crisis intervention
- ◆ Discharge plan
- ◆ Psychological testing
- ◆ Psychiatric evaluation
- ◆ Interpretation of results to family or other responsible person

### Medical Services:

- ◆ Medical examination
- ◆ Alcohol and drug testing
- ◆ Pharmacological interventions
- ◆ HIV/AIDs counseling

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## Hours

24 hours a day

7 days a week

The Keystone philosophy: The foundation of Keystone's treatment is based on strong spiritual and cultural values that offer a quality, individualized continuum of care designed to empower people with the ability to recover and start anew.

At Keystone, each patient's length of stay is flexible and is based on individual needs. Throughout the treatment process, we emphasize the importance of attending continuum of care and involvement in an appropriate support group after discharge.

Keystone is CARF accredited.

