



FIND THE TREATMENT AND SUPPORT SERVICES THAT ARE RIGHT FOR YOU.

Harbor Hall

Harbor Hall, a fully licensed and accredited facility, offers residential and outpatient treatment as well as a detoxification program and sober living residences. The philosophy of Harbor Hall is to view chemical dependency as a primary disease, chronic in nature. Chemical Dependency is a progressive illness that can lead to premature death unless the chemical intake is permanently eliminated. The progressive nature of the illness adversely effects the physical, mental, emotional, psychological, spiritual and family aspects of the individual's life. At Harbor Hall we recognize that chemical dependency is a treatable disease and that recovery is possible. To intervene in the illness, stop the progression and help everyone involved toward a meaningful recovery, a caring, trained staff is essential to create a therapeutic environment.



Services Offered

Harbor Hall Residential Program

- ◆ Cognitive Behavioral Therapy (CBT)
- ◆ Moral Reconciliation Therapy (MRT)
- ◆ Dual Diagnosis Groups
- ◆ Recreational Therapy
- ◆ Extensive assessment and treatment planning
- ◆ Educational lectures and visual aids
- ◆ Professionally conducted group therapy
- ◆ Individual therapeutic counseling
- ◆ Relapse prevention training
- ◆ Spiritual counseling
- ◆ Aftercare planning and counseling

Harbor Hall Petoskey Outpatient Program

- ◆ Outpatient Services for Male & Female clients (Adolescent through adult)
- ◆ Gender Specific Groups
- ◆ Intensive and Traditional Outpatient Services
- ◆ Age specific groups
- ◆ Impaired Health Care Professionals Program
- ◆ Court Ordered Assessments
- ◆ Counseling for Problem Gambling
- ◆ Intensive Outpatient Treatment
- ◆ Group and Individual Therapy
- ◆ Aftercare

Harbor Hall also offers a detoxification program and sober living residences.

Detox Program: Detoxification may be necessary to safely withdraw from alcohol and or drugs. Admissions depend on bed availability and a short telephone interview to determine appropriateness. Sub-acute detox is available 24 hours a day, 7days a week. Extensive assessment and aftercare planning are provided.

Sober Living Residences: Residences are designed for graduates of our residential Substance Abuse Program for men. Clients are expected to commit to a minimum six month stay in the sober living facility. The maximum length of stay is one year with any extensions going through the executive director. Clients will be either working or attending school. Most are involved in Outpatient Treatment as well for additional support. Weekly aftercare group participation is required.

Harbor Hall-Main Office and Residential
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Hours:

Main Office
Monday through Friday
8:30am-8:00pm

Harbor Hall Residential
Monday through Friday
8:00am-4:30pm

Harbor Hall Cheboygan
Monday through Friday
9:00am-5:00pm

