



**Inter-Tribal Council of Michigan
Anishnaabek Access to Recovery (ATR)
Service Definitions**

7/13/09

Code	Services	Definitions
2010	Screening	Brief procedure to screen a client for possible substance abuse problems using the DAST/AUDIT screening tools, and to determine if the client meets the other basic/tribal eligibility criteria to enroll in the ATR voucher program.
2011	Clinical Assessment	Clinical assessment is the process by which a counselor/program identifies and evaluates an individual's strengths, weaknesses, problems and needs for the development of a treatment plan: a systematic process to determine appropriate treatment.
2012	Recovery Support Assessment	Recovery support assessment is the process by which a counselor/program or case manager identifies and evaluates an individual's strengths, weaknesses, problems and needs for the development of a plan to support recovery within the community. The recovery management plan focuses on wellness rather than illness and identifies local resources outside of clinical treatment. Recovery support assessment may be part of the clinical assessment process, or may be performed later, as the client's level of care changes from clinical treatment to aftercare.
2013	GPRA Intake	Government Performance & Results Act, client interview to establish baseline information for outcomes evaluation. Interview is conducted as part of the ATR intake process and must be complete and accepted in the CSAT database system before a treatment voucher is issued. GPRA Intake interview is faxed to ITC on the date of completion; ITC enters data into the CSAT database system.
2014	GPRA Discharge	Government Performance & Results Act, client interview to establish client status at discharge from ATR services (treatment and recovery support). Interview is conducted at the time of discharge from ATR services. GPRA Discharge interview is faxed to ITC on the date of completion; ITC enters data into the CSAT database system.
2015	GPRA Follow-up	Government Performance & Results Act, client interview conducted 6 months post GPRA Intake date for outcome evaluation purposes. Interview is conducted within 30 days prior to or 60 days after the exact due date (the 6 month follow-up "window") and is faxed to ITC on the date the interview is completed; ITC enters data into the CSAT database system. CSAT requires an 80% successful follow-up rate for 6 month interviews to maintain ATR grant funding; a client episode of care is not considered complete until a 6 month follow-up is complete and has been accepted into the CSAT database system.
2016	ATR Intake Interview	Intake Interview process: the administrative and initial assessment procedures for admission into the ATR program

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2017	GPRA Discharge (No client Interview)	If the access center is not able to conduct the GPRA discharge interview complete the GPRA form as per directions on the form for a GPRA with not client interview and fax to ITC. Full reimbursement is not available for this type of GPRA Discharge.
2018	GPRA Follow-up (No client Interview)	If the access center is not able to conduct the GPRA follow-up interview complete the GPRA form as per directions on the form for a GPRA with not client interview and fax to ITC. Full reimbursement is not available for this type of GPRA follow-up and it does not count toward the 80% completion rate.
2019	Provider Intake Interview	Intake Interview process: the administrative and initial assessment procedures for admission into a substance abuse treatment/recovery program.
2021	GPRA Follow-up Data Management (Use only if GPRA Data Management functions are separated from the data collection.)	If an interview is conducted by a Tier 2 GPRA Follow-up Tracker and the Tracker and Access Center have a qualified service agreement specifying that the Tracker gets the GPRA and the Access Center does the data management, then the Access and Care Coordination Center prepares a GPRA interview packet that consists of: the GPRA form with Client #ID on it; a locator form with updated contact information; a voucher transaction form; any pertinent information that will aid the Tracker in their search. When the Tracker returns a completed GPRA, the Access Center checks the GPRA for completeness, records the completion date and faxes the GPRA to ITC. The Access Center enters the voucher transaction and maintains all client records, including the original GPRA form.
2022	GPRA Follow-up Interview Tier 2 Tracker (Use only if GPRA Data Management functions are separated from the data collection.)	If an interview is conducted by a Tier 2 GPRA Tracker and the Tracker and Access Center have a qualified service agreement. The Tracker locates the client, schedules an appointment and conducts the interview either in person, by telephone, or via mail (in person being the preferred method). On completion of the interview, the Tracker returns the GPRA form and all other documents to the Access Center and completes a voucher transaction form. Local travel to find clients is expected and included in the GPRA interview fee. All records are maintained by the Access Center. All documents are treated as confidential under the QSA and the 42 CFR rules.
2020	Brief Intervention	A short term (6 or fewer sessions) intervention service that focuses on reducing risk factors generally associated with the progression of substance abuse problems. It may also be used for motivating the person with substance abuse problems to seek the appropriate level of treatment. Intervention is accomplished through early identification of persons at risk, performing basic individual assessments and providing

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		supportive services, which emphasize short-term counseling and referral. Appropriate for persons meeting ASAM –PPC-2R criteria for Early Intervention not appropriate for recovery support clients.
2060	Treatment Planning	The process of completing a substance abuse treatment plan and a recovery management plan in which the counselor and the client identify and rank problems needing resolution, establish agreed upon intermediate and long-term goals, and decide on the treatment methods and resources to be used.
2061	Recovery Planning	The process of completing a recovery management plan in which the staff member and the client identify and rank problems needing resolution, establish agreed upon intermediate and long-term goals, and decide on the methods and resources to be used.
2070	Individual Counseling	To address the emotional, psychological, and social concerns related to the client's substance abuse disorder. Individual substance abuse counseling must consist of one (1) provider treating one (1) client; face-to-face. To assist individuals in achieving objectives through exploration of a problem and its ramifications; examination of attitudes and feelings; consideration of alternative solutions; and decision making.
2080	Group Counseling (per person)	To address the emotional, psychological and social concerns related to the client's substance abuse disorder. Group substance abuse counseling should consist on one (1) or more providers treating two (2) or more clients at the same time, with a maximum ratio of one (1) provider to ten clients; face-to-face.
2090	Family/Marriage Counseling	Family/Marriage Counseling services are provided to engage the whole family system in addressing interpersonal communication, codependency, conflict, marital issues and concerns, parenting issues, family reunification, and strategies to reduce or minimize the negative effects of substance abuse use on the relationship.
2091	Family Therapy w/o Client	To address the emotional, psychological, and social concerns related to the client's substance abuse disorder and family members; face-to-face; w/o client.
2092	Family Therapy w/ Client	To address the emotional, psychological, and social concerns related to the client's substance abuse disorder and family members; face-to-face; w/client.
2100	Co-Occurring Treatment/Recovery Services	Co-Occurring Treatment/Recovery Services are individualized to the client and can include any services or activities that will enable substance abuse treatment and recovery services to integrate with mental health treatment/recovery services, for a client with both mental illness disorder(s) and substance use disorder(s).

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2101	Psychological Testing	Psychological evaluation to assess a client for mental health disorder(s). May only be administered when the client has a pre-existing diagnosed substance abuse disorder and the assessing provider suspects the client has a co-occurring mental health disorder.
2102	Psychiatric Evaluation	Psychiatric evaluation can be prescribed for a client with a diagnosed substance abuse disorder when the assessing provider suspects the client has a co-occurring mental health disorder and is in need of psychiatric evaluation.
2103	Interpretation of Results to family or other responsible person	Interpretation of results of the psychiatric or psychological testing to family or other responsible person may be made if the client's mental status warrants, and if standard release of information documents are in place.
2104	Other Co-Occurring Treatment/Recovery Support	Other Co-Occurring Treatment/Recovery Support can include mental health treatment planning based on client needs by integrating all known pertinent data about the client, delineating intervention and support services, identifying service providers and outlining treatment plan components; face-to-face.
2110	Pharmacological Interventions	To stabilize a client's substance abuse and/or co-occurring mental health disorder by monitoring the client's health, administering and stabilizing medications, providing education and counseling, and consulting with other providers; face-to-face.
2120	HIV/AIDS Counseling	To address general physical health, human development, disease and task issues related to someone with substance abuse issues who is infected with and living with HIV/AIDS.
2130	Other Clinical Services	Other Clinical Services can be any variety of evidence-based practices that assist the client move towards achieving treatment plan goals. Services can include, but are not limited to, medication maintenance, cognitive behavioral, motivational interviewing and rational emotive therapy.
2131	Crisis Intervention	Immediate, short-term services offered which respond to a client's needs during an event that produces acute emotional, mental, physical, or behavioral distress.
2132	Discharge Plan	Discharge planning takes place prior to the client leaving treatment and moving exclusively into recovery support services. Discharge planning includes development of a relapse prevention plan, identification of recovery resources and a schedule of contact with the case manager.
2133	Traditional Healing Services Also coded as 5051	Traditional healing describes a healing practice that assists individuals in the treatment and recovery process. Traditional healing is conducted by an individual that subscribes to the

Code	Services	Definitions
	in the billing codes	<p>customs, practices and ethics of the community or tradition they represent.</p> <p>Interventions must be recognized and approved by a governing body, community or tribe, or may be passed on through written or oral custom, tradition or other teaching. Such teaching, when not sanctioned by ordinance, law or regulation, shall interpret "governing body" as the tradition, custom or other form of governance which established the foundation for accepted and appropriate practice.</p>
2134	Sweat Lodge (per person) Also coded as 5052 in the billing codes	Indigenous ceremony that promotes healing through physical, emotional, and spiritual cleansing.
2135	Talking Circle (per person) Also coded as 5053 in the billing codes	Group process that promotes healing through combining indigenous ceremony with verbal discussion.
2136-2199	Residential Treatment	Residential treatment facility that provides onsite, 24 hour living arrangements with structured therapeutic and supportive services specifically for alcohol and other drugs. Rates are negotiated with the individual provider and based on their service configuration and established rate setting procedures accepted by the State, IHS, Blue Cross, or Medicaid.
3010	Family Services	An intervention provided in a psycho-educational group setting that involves clients and/or their families and facilitates the instruction of evidence-based parenting or child development knowledge skills. Parenting assistance is a service to assist with parenting skills; teach, monitor, and model appropriate discipline strategies and techniques; and provide information and advocacy on child development, age appropriate needs and expectations, parent groups, and other related issues.
3020	Child Care	These services include care and supervision provided to a client's child(ren), less than 18 years of age and for less than 24 hours per day, while the client is participating in treatment and/or recovery support activities. These services must be provided in a manner that complies with State or tribal law regarding child care facilities.
3030	Employment Services	Services provided to clients to assist in finding employment. Services can be directed toward improving and maintaining employment. Services can include skill assessment and development, job coaching, career exploration or placement, job shadowing or internships, resume writing, interviewing skills and tips for retaining a job/employment. Other services could include training in a specific skill or trade to assist individuals to prepare for, find and obtain competitive employment such as skills training, technical skills, vocational

Code	Services	Definitions
		assessment and job referral.
3031	Pre-Employment	Services provided to clients prior to employment, which can include background checks, drug tests and assessments. These services allow employers to “check out” prospective employees before hiring them.
3032	Employment Coaching	Provides tools and strategies to clients to assist in gaining employment. These strategies include implementing new skills, changes and actions to ensure clients’ achieve their targeted results.
3040	Individual Services Coordination (Case Management)	Individual Services Coordination (Case Management) is intended to bring services, agencies, resources or people together within a planned framework of action toward the achievement of established goals. A Case Manager will stay with the client for the duration of the client’s involvement with the ATR program; assist the client to make contact with the provider(s) of their choice and to transition between levels of care as identified in the treatment plan.
3042	Report and Record Keeping	Charting the results of the assessment and treatment plan, writing reports, progress notes, discharge summaries and other client-related data. Billing for services and maintaining client files.
3050	Transportation	Commuting services are provided to clients who are engaged in treatment and/or recovery support related appointments and activities and who have no other means of obtaining transportation. Forms of transportation services may include public transportation or a licensed and insured driver who is affiliated with eligible program provider. Private transportation to and from treatment or recovery support services using a private vehicle operated by a licensed driver. Public transportation to and from treatment or recovery support services using a form of public transportation.
3060	HIV/AIDS Service	To address general physical health, human development, disease and risk issues related to substance abuse for someone infected by and living with HIV/AIDS.
3070	Supportive Transitional Drug - Free Housing Services	Assistance in obtaining sober and drug free housing, “safe” housing and transitional housing. These services include transitional housing, recovery living centers or homes, short-term and emergency or temporary housing. These services provide a safe, clean and sober environment for adults with substance abuse disorder.
3080	Other Case Management	Case management aimed towards assessing the local network of recovery support and community services, and

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	Services	assisting the client in connecting to these services.
3081	Special Need Fund	Up to \$150 for un-met client needs as identified by the case manager. Examples: clothing or personal care items, hair cut etc. in preparation for a job interview; athletic equipment to participate in physical fitness activity; materials for cultural skills participation; emergency food or basic living needs.
4010	Medical Care	Physical examination to determine basic medical status and to identify existing medical conditions.
4020	Alcohol/Drug Testing	To detect biochemical changes associated with excessive alcohol consumption and/or illicit drug use. Testing methods may include, but are not limited to, urine, blood, saliva, and breath alcohol testing.
4030	HIV/AIDS Medical Support & Testing	Medical services provided to clients at risk or who have HIV/AIDS and their families.
4040	Other Medical Services	Medical services identified as necessary to treat illness or injury.
4041	<i>Acupuncture</i>	Acupuncture: A traditional Chinese health treatment, which involves the use of needles to stimulate energy points in the body. It can help many conditions including pain, stress and addiction.
4042	<i>Auricular Acupuncture</i>	Auricular Acupuncture, NADA protocol: A specific five point auricular acupuncture protocol, taught by the National Acupuncture Detoxification Association and administered by a certified specialist, to be used within a comprehensive addiction treatment program to relieve suffering during detoxification, prevent relapse and support recovery.
4043	Alternative Therapies	Complementary Health Treatments: Any number of alternative therapeutic methods that support and enhance conventional modalities. Some are especially useful in treating underlying causes of ailments. Examples include chiropractic, massage, herbalism, osteopathy, Ayurvedic medicine, reflexology, aromatherapy, homeopathy, Reiki, naturopathy, Bach flower remedies, hypnotherapy, yogi, Tai Chi, autogenic training, spiritual healing, diagnostic therapies, body work.
4044	<i>Physical Fitness & Well-being Activities</i>	Any number of activities that increase global well-being through physical movement: cardiovascular, strength training, endurance. Global health and well-being can be increased through numerous activities, acting on physical, emotional, mental and spiritual aspects and bringing balance to the individual.

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4045	<i>Nutritional Management</i>	Nutritional management is used to balance the body and to prevent illness using diet, vitamin and mineral supplements. Nutritional therapy can be used to detoxify the system, to overcome nutritional deficiencies and to balance the body. Learning basic nutrition and eating a healthy diet lends itself to global wellness.
4046	<i>Stress Management</i>	Any of a number of techniques to combat stress, the outcome of which is a state of physical and mental relief where tension, fear and anxiety are released and replaced with calm, peaceful feelings. Relaxation and visualization techniques are often taught together for stress management. Relaxation techniques help to calm tense muscles and visualization methods use positive images to over-ride mental and emotional problems.
5010	Continuing Care	Continuing care includes an assessment of a client's current stage of recovery; establishing a recovery management plan; identifying and then facilitating linkage with local recovery support resources. Continuing care also includes periodic counseling sessions, monitoring progress and re-adjustment of the recovery plan as indicated by individual circumstances.
5020	Relapse Prevention Individual	Relapse prevention includes identifying relapse triggers and developing skills to cope with potentially stressful situations. Relapse prevention can include education, alternative activities and early re-intervention. Individual activity.
5021	Relapse Prevention Group	Relapse prevention includes identifying relapse triggers and developing skills to cope with potentially stressful situations. Relapse prevention can include education, alternative activities and early re-intervention. Group activity.
5030	Recovery Coaching	Recovery Coaching services focus more on wellness than illness. Mentoring and coaching may include assistance from a professional or peer who provides the client with support, friendship, reinforcement, and constructive example. <i>Recovery support</i> is included here as an array of activities, resources, relationships, and services designed to assist an individual's integration into the community, participation in treatment, and improved global functioning.
5040	<i>Self-Help and Support Groups (per person)</i>	Self-Help and Support Groups are typically provided by both paid staff or volunteers familiar with how their communities can support people seeking to live free of alcohol and drugs, and are often peers of those seeking recovery. Some of these services may require reimbursement while others may be available in the community free of charge. Examples of self-help groups include AA, NA, ACoA, Alanon, Alateen, faith-based and culturally-based groups.

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5050	<i>Spiritual Support</i>	Spiritual support services assist an individual or group to develop spiritually. Activities may include, but are not limited to, establishing or re-establishing a relationship with a higher power, acquiring skills needed to cope with life-changing incidents, adopting positive values and principles, identifying a sense of purpose and mission for one's life, and achieving serenity and peace of mind. Faith-based and culturally-based include those provided to clients using spiritual resources designed to help persons in recovery to better integrate their faith and recovery. Such services are usually provided in a religious or spiritual setting by spiritual leaders who are knowledgeable about the spiritual values of the community and are equipped to assist individuals in finding spirituality. Services include, but are not limited to, social support and community engagement activities; faith-based or spiritual activities to assist the client in drawing on the resources of their faith, tradition and community to support their recovery; mentoring and role modeling, pastoral guidance, traditional teachings and spiritual counseling and guidance.
5051	Traditional Healing Services Also coded as 2133 in the billing codes	Traditional healing describes a healing practice that assists individuals in the treatment and recovery process. Traditional healing is conducted by an individual that subscribes to the customs, practices and ethics of the community or tradition they represent. Interventions must be recognized and approved by a governing body, community or tribe, or may be passed on through written or oral custom, tradition or other teaching. Such teaching, when not sanctioned by ordinance, law or regulation, shall interpret "governing body" as the tradition, custom or other form of governance which established the foundation for accepted and appropriate practice.
5052	Sweat Lodge (per person) Also coded as 2134 in the billing codes	Indigenous ceremony that promotes healing through physical, emotional, and spiritual cleansing.
5053	Talking Circle (per person) Also coded as 2135 in the billing codes	Group process that promotes healing through combining indigenous ceremony with verbal discussion.
5054	Spiritual/Cultural Feast Supplies	Supplies and materials needed to conduct or participate in a ceremony or feast, including food. Receipts must accompany provider note/voucher transaction form (receipt may be divided by # of ATR clients participating).
5055	Spiritual/Cultural Retreat Support	Support to defray expenses related to participating in a cultural or spiritual retreat: a singular event taking place over one or more days. Support may include travel, lodging, materials. Receipts must accompany provider note/voucher

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		transaction form.
5056	Sweat Lodge Materials	Support to defray expense to maintain and conduct sweat lodge: may include wood, tarps, obtaining stones, etc.
5060	Other After Care Services	Other After Care services can include an array of ancillary services, identified in the treatment/recovery plan that assists the client in maintaining therapeutic gains and enhancing recovery management.
6010	Substance Abuse Education (per person)	A program of instruction designed to assist individuals in prevention, relapse and/or treatment of substance abuse, delivered in either a group or individual setting. Education is used to address the emotional, psychological and social concerns related to the client's substance abuse disorder, and to provide information to individuals and groups concerning alcohol and other drug abuse and the available services and resources.
6020	HIV/AIDS Education (per person)	To address general physical health, human development, disease and risk issues related to HIV transmission for substance abusers. Education may be provided in a group setting in planned and structured sessions.
6030	<i>Other Educational Services</i> (per person)	Supported education services are defined as educational counseling and may include academic counseling, assistance with academic and financial applications, and aptitude and achievement testing to assist in planning services and support. Vocational training and education also provide support for clients pursuing adult basic education, i.e., general education development (GED). Educational services also include structured sessions focusing on increasing, expanding or stabilizing the educational skills of a client. Sessions include, but are not limited to, tutoring, parent education, and other structured classes designed to present information in a group setting.
6031	Indigenous Language Recovery/Expression (per person)	Indigenous Language Recovery/Expression can take various forms: participation in a language class or immersion activity, participation in a language camp or family immersion weekend; online language instruction.
6032	Storytelling, Cultural Teaching (per person)	Storytelling and cultural teachings are traditional methods of oral transmission of cultural values, principles and life-ways. Elders, pipe carriers, cultural resource people and spiritual leaders offer knowledge and wisdom at seasonal gatherings, men's and women's retreats, tribal encampments and community events.
6033	Tribal Song and Dance (per person)	Tribal song and dance offer a physical expression of culture; learning songs and dances and participation in social events such as pow wows and drum socials offer the individual an opportunity to actively participate and to learn.

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6034	Tribal Arts and Crafts (per person)	Tribal arts and crafts present an opportunity to learn skills related to maintaining balance and a healthy life-style. In addition to the specific craft, the participant learns patience, perseverance, symbolism behind the art, and pertinent teachings related to the object. Learning arts and crafts emphasizes concrete skill-building as well as spiritual meaning and usage.
6035	<i>Daily Living Skills</i> (per person)	Life skills address areas of daily living, such as budgeting, credit repair, home ownership, parenting skills, time management, interpersonal relationships, household management, anger management and other issues. Life skills can include culturally based skills such as hunting, fishing, gathering, preserving food and medicine, and seasonal camps to teach Anishnaabek life-ways.
6036	Tribal Arts and Crafts Supplies	Funds can be used to purchase supplies and materials directly from suppliers to be used by ATR clients for tribal arts and crafts activities. Funds may not be paid directly to client and documentation on how these materials relate to the clients recovery support or treatment plan must be in the file along with an itemized list of materials. The client must be enrolled in an ATR sponsored class – service code 6034 to receive these supplies.
6037	Daily Living Skills and Cultural Subsistence Materials Support	Funds can be used to purchase supplies and materials directly from suppliers to be used by ATR clients for daily living skills and cultural subsistence activities. Funds may not be paid directly to client and documentation on how these materials relate to the clients recovery support or treatment plan must be in the file along with an itemized list of materials. Firearms may not be purchased. (i.e. to support hunting)
7010	Peer Coaching or Mentoring	Peer Coaching or Mentoring refers to services that support recovery and are designed and delivered by peers—people who have shared the experience of addiction recovery. Peer delivered services place an emphasis on local indigenous systems of support, on recovery education and problem-solving; on sustained and assertive monitoring and feedback, and on linkage to the post-recovery environment (family, friends, social network, school/workplace and community).
7020	Housing Support	Housing support offers one time support for eviction prevention up to \$250. Must have special authorization from the case manager. Reserved for the critical unmet needs.
7030	Alcohol and Drug Free Social Activities	Alcohol and Drug Free Social Activities include non-structured meetings, community events and organized social activities that expose the client to healthy peer interaction within the community.

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7040	Information and Referral	Information and referral to assist the client with needs that cannot be met by the primary provider; assistance to the client to identify other providers in the ATR network who can meet those needs; identification of other community resources outside the ATR network.
7050	Other Peer-to-Peer Recovery Support Services	Other Peer-to-Peer Recovery Support Services are individualized to the unique needs of the client, are identified in the recovery management plan and are directed towards sustained recovery.